

PRE/POST TREATMENT INSTRUCTIONS

Hayfever Injection

Important **PRE-TREATMENT** Information:

Who may not be suitable for treatment:

- *If you are under 18 years of age
- *If you are pregnant or breastfeeding
- *If you have a current infection or are unwell at the time of treatment
- *If you have an auto-immune condition
- *If you have type 1 or type 2 Diabetes
- *If you have Glaucoma
- *If you have a history of cardiac issues
- *If you have ever suffered from any types of cancer
- *If you are on other types of medication that the injection may interfere with (if you are unsure, please make us aware of any prescribed medications before your appointment)
- *If you have Osteoporosis
- *If you have Epilepsy.

Please contact us immediately on 02380 556600 if you are booked in for this treatment and any of the above apply to you.

Do's & Don'ts Before Your Appointment:

- Ensure you have read the above and made us aware if any apply to you
- Come in clothing for easy administration of the injection (it is a Gluteal injection, so we need to be able to get to the top outer quarter of your glute).
- Please be aware of the potential side effects:
 - Fat atrophy (loss of fatty tissue) at the injection site which can cause pitting
 - Adrenal suppression (where your body doesn't produce enough hormones)
 - Weight change
 - Fluid retention
 - Heart failure/Hypertension
- Make sure you have exhausted all other treatment options to try and control or lessen your hayever symptoms as much as possible prior to having this treatment.

Important **POST-TREATMENT** Information.

- Ensure the area is kept clean for 4-6 hours after to avoid the risk of infection
- Please contact us if you experience any of the side effects mentioned above.

If you are at all worried after your treatment, please contact us on our
24/7 emergency helpline: 07979108508.